



Dr. Manoel Castro Alves, Father of Marcelo Castro Alves, Releases In-Depth Article about Functional Foods



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The 85-Year-Old Dr. Alves Hopes to Distribute the Educational Article to Hospitals in Both the United States and Brazil

LOS ANGELES, CA / ACCESSWIRE / March 3, 2017 / Marcelo Castro Alves, the founder of Focus Investment Advisors LLC, is proud to announce that his 85-year-old father, Dr. Manoel Castro Alves, recently completed a lengthy and educational paper on functional foods.

To read the interesting and in-depth article in its entirety, please check out <http://www.focusinvest.net/community-affairs/>.



As Marcelo noted, his father Manoel was a heart surgeon who had worked for many years in the United States before retiring in Brazil. He now resides in the U.S.

"My father reads everything about foods and nutrition from the best books in the United States, and he decided to write this report, which is a type of summary of the main info he derived from the books, which he wanted to initially distribute in hospitals in Brazil," Marcelo Castro Alves noted, adding that the original paper was written in Portuguese.

Marcelo said he asked his father to translate the work into English, and then suggested that they try to get it published in the form of a flyer or small booklet that can then be distributed for free to hospitals and institutions that focus on health foods as part of their programs.

In order to help his father as much as possible, Marcelo Castro Alves sponsored him in the plan of creating and further publishing the booklet about functional foods.

"If possible, we would like to distribute my father's work to health centers like The Foundation for Sickle Cell Disease, The Chopra Foundation, and The Chopra Health Center, which is being opened in Miami," Marcelo said.

As Dr. Manoel Alves noted in the paper, functional foods are those that have a positive effect on health. One of the many examples of these foods, he wrote, is fruits and vegetables.

"In the past few years, laboratory researches have shown that substances found in fruits and vegetables have properties that may reduce the risk of cancers, heart disease, and diabetes, and they are called phytochemicals," he wrote.

About Dr. M. Castro Alves:

Manoel Castro Alves (born in 1933) is a physician who graduated from Faculdade Nacional de Medicina (Brazil). His internship was from 1958-59 at Berthesda Hospital (Cincinnati, OH). He was a General Surgery Resident in 1960 at Beckey Hospital (Beckley, WV), in 1961 at St. Mary Hospital (Cincinnati, OH), and 1963 at St. John Hospital (Detroit, MI). From 1963-65, he was a Thoracic Surgery Resident (cardiovascular) at Herman Kiefer Hospital, Harper Hospital (Detroit, MI). Dr. Alves was admitted at The American Board of Surgery in 1965. He was a Physician at Hospital do Servidor Publico Estadual in the Thoracic and Cardiovascular Surgery Department from 1965 to 1974 and later at Hospital Municipal do Campo Limpo (SP, Brazil). In 2002, after retirement in Brazil, he joined the Lymphoma and Cancer Clinic of Hollywood until 2012.

Contact:

Marcelo Castro Alves
mcastro@focusinvest.net
305-961-1108

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